Duration on teaching service effect on academic hospitalists experience and teaching effectiveness: a planned mixed method study

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Background

Historically, the same attending would remain with one teaching team (defined as having house officers with medical trainees and students) for 30days. With numbers of hospitalist increasing attending as well as demands of documentation and supervision, the # of days an attending physician remains with a team has been reduced at many medical centers. This academic physician attending reduction may impact the learners continuity (teaching, receiving effective feedback) while potentially improving faculty (reduced burnout and experience fatigue).

Background & Purpose

At Emory University Hospital Midtown, attending faculty have limited opportunities to participate on teaching services due to finite number of teaching blocks available.

In order to increase the number of available teaching blocks, the duration of teaching service was changed from 14 days to average 10 days (9-11 days depending on calendar). For a calendar year, this would increase # of total blocks from 52 to 70

Previous feedback from faculty was that teaching effectiveness decreased at the end of 14 day blocks due to fatigue.

Methods

A 10day rotation would **Hypothesis:** fatigue and burnout in decrease attending would faculty, increase teaching effectiveness, and improve ability to observe learners (direct or indirect) without negatively affecting the resident perception of teaching and/or value to their education.

Planned Methods:

- 1. Quantitative survey to be created and sent to EUHM hospital faculty who participated in teaching service during FY19. This survey will include questions over perception of fatigue, burnout, teaching effectiveness, and workplace satisfaction.
- 2. Qualitative survey with faculty of perceptions around 10 day teaching rotations
- 3. Impact on learners: rotation evaluation for EUHM by residents

This project was determined to be IRB exempt by Emory IRB.

Stakeholders:

- 1. Academic hospitalists
- 2. Division directors/hospital leaders
- 3. Residency leadership
- 4. Trainees

Scholarship Potential

Other potential outcomes measures:

- 1. Continuity of days between attending and housestaff
- 2. # of direct observations
- 3. Quality of feedback provided to learners
- 4. Workplace satisfaction and retention of faculty

Anticipated Timeline

Quantitative Survey: Sept 9, 2019.

Qualitative survey: Sept –Oct 2019

Data analysis: Nov-Dec 2019

Manuscript: Jan 2020

Summary

There is limited data on structuring attending physician time on inpatient medicine rotations. Faculty internal based factors such as morale and burnout may influence the effect of duration on service. Learners needs and experience can be a counterbalance to duration of service. The intent for this is for a qualitative and project of effect of quantitative analysis decreasing the time on service from 14 days to 10days on both faculty and the trainees in Internal medicine.

	FY18	FY19	Projected FY20
# shifts/cFTE	36.2	34.4	38.6
# shifts/cFTE (not including CR and APD)	32.7	31.1	35
# participating hospitalists	25	28	24

References

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Cassidy-Smith TN etal . CJEM. 2011 Jul;13(4):259-66

Hinami K et al. J Hosp Med 2012 May-Jun;7(5):402-10.